A breakthrough from the breaking point

On the verge of breaking up, Our Lady Peace pushes sound on newest release PAGE 8

CANADIANS STILL ON TOP

MEN WIN WORLD CURLING TITLE PAGE 14

SASKATOON metro

Monday, April 9, 2012

News worth sharing.

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A 30-metre cellphone tower is proposed for the Preston Avenue Community Church in Saskatoon. JESSICA SMITH/METRO
Inset: A Bell cell tower on the property of the Kingdom Glory Church in Mississauga, Ont. TORSTAR NEWS SERVICE

Church, Rogers connect on new cross cell tower

Digital age. Artist drawing shows the 30-metre tower with a cross that can be seen from afar

JESSICA SMITH
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Rogers Communications and a Saskatoon church are planning to erect a cell tower adorned with a cross in the church's parking lot, pending a community consultation.

Preston Avenue Community Church Pastor Roy Hewko said Sunday the church is enthusiastic about an artist rendering of the 30-metre tower that has a cross at the top.

"A cross is a very important symbol for us," he said.

Matching cell towers with crosses is not a new idea. Cell-tower-shaped crosses or those incorporated into church steeples are becoming more common across North America.

Church board member Mervin Hartman said he likes that the cross will be visible from a distance.

"The cross is important to us because our Saviour died on the cross and rose from there. That's something we believe and it's important to us," he said.

The church has agreed to lease a small area of the parking lot to Rogers for an undisclosed amount of money, contingent on Rogers getting approval for the tower through a community consultation process.

A Rogers spokesperson was unavailable to speak about the issue on Sunday.

A public meeting will be held at the church on May 10 as part of Industry Canada's required consultation process for cell towers near residential neighbourhoods.

Hewko said he is prepared for some questions from the church's neighbours, but the congregation is supportive of the idea.

Doreen Wilson, who lives a couple doors down from the church, is opposed.

"It's something we feel shouldn't be placed in a residential area," she said. "I don't know why they can't put it in the middle of the bush or a park some place."

She is concerned about the tower decreasing property values and said she worries about possible long-term impacts on health. She also does not like the proposed look of the tower.

"The cross has nothing to do with it. We just don't want the ugly thing there," she said.

Ward Coun. Charlie Clark said he also has concerns about the impact of the tower on the neighbourhood and he will learn more about the issue and residents' views prior to the community meeting.

"It doesn't seem like an ideal location to me," he said, adding that the federal government has jurisdiction over telecommunications towers.

Bubba's the Master

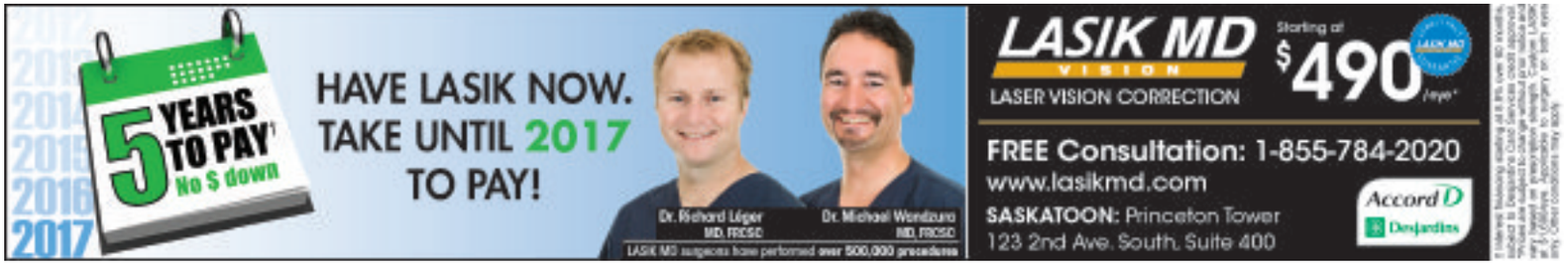
Lefty wins first PGA major at Augusta PAGE 14

Saskatoon gets Games

First Nations Winter Games on the horizon PAGE 2

'Diefenbaby' fuming mad

Man at odds with U of S museum PAGE 3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1 NEWS

On the web

Senior wows crowds

Eighty-six-year-old Johanna Quaas could put gymnasts a quarter her age to shame. Last month, the springy silver-haired octogenarian wowed a crowd during parallel-bar and floor-exercise rotations at the Cottbus Challenger Cup in Brandenburg, Germany. Watch at metronews.ca

Flash and feathers

Eighty feathers and fluff were afloat in Berlin after a flash-mob pillow fight took to the city's famous Brandenburg Gate. Watch at metronews.ca

Mobile news

Britain's Olympic chief fears the London Games could be marred by a protest like the one that disrupted the Boat Race between Oxford and Cambridge on the River Thames. Scan the code for the full story

'It's not only about sports — it's about culture'

Saskatchewan First Nations Winter Games. Event to bring about 6,000 people to Saskatoon

MORGAN MODJESKI
morgan.modjeski@metronews.ca

Kerry Sasakamoose, sports co-ordinator for the SFNWG, poses for a photo with athletic gear from the Touchwood Agency Tribal Council. MORGAN MODJESKI/METRO

Over the next week, about 3,000 aboriginal athletes and an equal number of coaches and supporters will converge on Saskatoon for the 2012 Saskatchewan First Nations Winter Games.

The games — originally a venue to showcase young aboriginal athletes — are now a provincewide celebration. Organizers said the event is about competition, but also about unity.

"I think that's key," said the games' sports co-ordinator, Kerry Sasakamoose. "It's about shaking their hands, welcoming them in as a tribal council and acknowledging that those people are my friends. And that's what we try to do — to build a kinship across Saskatchewan with our First Nations brothers and sisters."

Sasakamoose also said the purpose of the original games, which were held in 1972, has changed. She feels it has come a long way since its inception.

"It's surpassed that by far," she said. "Now, the components have grown so much, it's not only about sports — it's about culture."

Robert Cote Sr. and his son, Robert Cote Jr., are the son and grandson, respectively, of the games' founder, Tony Cote. They said they feel the competition is an important tradition for the province.

"For me, I was at the first winter games as a participant, then I moved on to be a coach and now my son is in the games — so they've passed on a generation," said Cote Sr.

"At the time there was no place to showcase First Nations athletes, that's why the games were developed.... I think from where they started to where they are now, I think it surpassed the goal."

The 2012 Saskatchewan First Nations Winter Games are being held Monday through Friday in locations throughout the city.

For more information on the games visit: batcwintergames.ca.

GSCOC predicts largest job-creation project ever

Kent Smith-Windsor, executive director of the GSCOC, stands in front of a photo of Saskatoon's skyline at the office on 4th Ave. MORGAN MODJESKI/METRO

The Greater Saskatoon Chamber of Commerce (GSCOC) is crediting a high level of investment with creating 800 new jobs in Saskatoon over the month of March and says the city could be on the verge of job-creation levels of "historic proportion."

The Target 8000 project was introduced about eight years ago to track the number of jobs being created in Saskatoon on a monthly basis. Kent Smith-Windsor, executive director of the GSCOC, says recent numbers are promising.

"This is the strongest run that we've seen since we started measuring the data, as we've created 5,800 jobs in the last six months, which is substantially stronger than we've ever seen," said Smith-Windsor. "If it continues, it's likely we'll have a job-creation level of historic proportions."

He explained from a business perspective the numbers show more businesses in Saskatoon are willing to invest in the city, therefore offering more positions for the province's growing labour force.

"Saskatoon — because of the density of post-secondary institutions — has the capability of growing its labour force faster than any city in Western Canada, including Calgary. And we've certainly seen that; it came home in very clear fashion."

MORGAN MODJESKI/METRO

Convenience store

Man charged in armed robbery

Police have charged a 43-year-old with armed robbery after a man held up a business in the 800 block of 51st Street East shortly before 6 p.m. on Saturday.

Police said the man showed a note to the cashier that threatened he had a gun, which he did not produce. The man demanded money.

He obtained a small amount of cash, a pack of cigarettes and a jug of motor oil. At about 9:30 p.m. a patrol officer spotted someone matching a description of the man and vehicle in the area of Avenue F and 33rd Street.

Police said the suspect had a jug of motor oil and arrested him. METRO

Collision

Car strikes police cruiser

A police cruiser was involved in a collision over the weekend while en route to respond to an emergency call. Officers were travelling through an intersection with emergency sirens and lights activated when a single vehicle failed to yield and hit the patrol car, said Staff Sgt. Steve Kaye of the Saskatoon Police Service.

Two occupants of the vehicle that struck the patrol car sustained minor injuries and were treated as a precautionary measure.

The officers involved in the collision were uninjured, but the patrol car received extensive damage. Police have submitted information on the case to see if a charge exists for failing to yield to an emergency vehicle. METRO

Crime

Charge laid in purse-snatching

A woman is facing an armed-robbery charge after a purse-snatching Saturday. A woman was walking in the 200 Block of Avenue O South at about 10:15 p.m. when she was accosted by two suspects who claimed they had a knife. METRO

To catch a Dief. Man still hoping to prove he's Diefenbaker's son

The fight continues for George Dryden to find out if he is the son of former prime minister John Diefenbaker.

After a first attempt to compare DNA proved unsuccessful, Dryden says he is keen to try again.

He wants a company in Utah to perform more DNA tests on artifacts from the Diefenbaker Centre at the University of Saskatchewan in Saskatoon.

But Dryden says the centre won't allow it because the technique involves putting a solution on the artifacts, and the centre is worried about discoloration.

University provost Brett Fairbairn says his main concern is that the procedures don't damage the artifacts, adding that talks are continuing with the company in Utah.

"Those conversations are progressing," Fairbairn said. "More conversations are booked, so there's no process that has terminated or is over. We're open to coming up with a solution that's consistent with our principles and we're still talking to the company about doing so."

But Dryden isn't buying it.

"I don't think they want me to succeed," he said. "I think they're scared to death that I'm Diefenbaker's son and they're going to do everything in their power to make sure I don't prove it."

Fairbairn said that's not true.

"The university's interest here is really in preserving Mr. Diefenbaker's artifacts and legacy," he said. "We run a museum. We host educational events. We set up museum displays and those are really our interests in the matter."

Dryden's search began last June when he found out his mother's husband is not his biological father.

He believes his mother, Mary Lou Dryden, who was a known confidante of Diefenbaker's, had a brief affair with Canada's 13th prime minister shortly after she married Gordon Dryden.

THE CANADIAN PRESS

Riders give back to the community

Saskatchewan Roughriders kicker Chris Milo helps serve Easter dinner on Sunday at the Souls Harbour Rescue Mission in Regina. Milo — co-holder of the record for the longest punt in North American pro football — was joined by the Riders' popular defensive tackle Keith Shologan. NATASHA TERSIGNI/FOR METRO

Charges laid

Schools locked down after weapons scare

Teenagers were taken into custody after a disturbance that put two city high schools in lockdown.

The Saskatoon Police Service says six male teens entered Bethlehem Catholic High School on Thursday. The school is joined to Tommy Douglas Collegiate. None of the youth were students at either school.

School administrators told the intruders to leave. Police say three youth pointed unspecified objects at a staff member in an aggressive manner. Both schools were put in lockdown, as a witness believed the objects to be firearms. All six teens then continued to Tommy Douglas Collegiate. They entered, but left immediately.

Officers found three suspects and took them into custody, and said the brandished objects were cameras. But police say one 16-year-old had a hidden machete and was arrested for carrying a concealed weapon. The investigation continues.

MORGAN MODJESKI/METRO

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Recovery. 20-year-old communicating after double-lung transplant

JOE LOFARO
Metro in Ottawa

Hélène Campbell is showing signs of recovery from her seven-hour double-lung transplant — spelling words and breathing a bit on her own, her mother tweeted Sunday.

The 20-year-old Barrhaven, Ont., woman who launched a powerful organ-donation awareness campaign after being diagnosed with advanced pulmonary fibrosis last summer underwent the double-lung transplant surgery Friday morning at the Toronto General Hospital.

On Sunday, her mother, Manon Roy Campbell, tweeted, "With an alphabetic board, Helene is spelling words to communicate when awake. She was doing some leg exercises while in bed this afternoon!"

In a previous tweet, Manon also said, "Hélène continues to remain stable, she is able to do some breathing on her own but is still helped with the ventilator." THE CANADIAN PRESS

Survivor

"That gift of life is something that we will honour."
Alan Campbell, father of Hélène

Ontario

Bible ban triggers threatening emails

An Ontario public school board's decision to ban distribution of Gideon Bibles to its young students has unleashed a torrent of threatening calls and hateful emails directed at trustees.

Some messages to the Bluewater District School Board express racist sentiment and question trustees' patriotism.

"Allowing newcomers to Canada the ability to walk all over our heritage has got to stop before they carry us into the realm of a warring nation like the one they often left behind," one email said. THE CANADIAN PRESS

McGill student suing U.S. government for border interrogation

Lawsuit. Student's lawyers argue search was unconstitutional, but government says it has right to search at border without cause

Pascal Abidor, an Islamic studies doctoral student at McGill University, poses at McGill in Montreal, Wednesday. Abidor was detained at the U.S. border and saw his computer confiscated for over a week. GRAHAM HUGHES/THE CANADIAN PRESS

A Montreal university student was detained at the U.S. border, held for several hours, interrogated, had his personal belongings searched and saw his computer confiscated for over a week.

What caught the authorities' attention? His doctoral research on Islamic studies, he says.

In a case that has attracted media attention in the U.S., Pascal Abidor has become embroiled in a drawn-out legal battle with the American government.

Abidor, a 28-year-old American and French dual citizen, was returning by train to Brooklyn in May 2010 when a U.S. Customs and Border Protection agent stopped him at the border in Champlain, N.Y.

The agent turned on Abidor's computer and found photos of rallies by the Hamas militant group. He says he explained that he had downloaded them from Google as part of his McGill University doctoral dissertation on the modern history of Shiites in Lebanon.

When Abidor's laptop was returned 11 days later, there was evidence that many of his personal files had been opened, he said. A federal judge heard arguments in July 2011 by the U.S. government for throwing out the lawsuit. The judge has yet to rule on whether he will dismiss the case. THE CANADIAN PRESS

Escalating costs

Jets' price tag not news to MacKay

Defence Minister Peter MacKay says he was aware two years ago that it would cost closer to $25 billion to buy a new fleet of F-35 stealth fighter jets.

That's about $10 billion more than the nearly $15 billion the government has maintained would be the price of the 65 radar-evading aircraft.

MacKay was asked on CTV's Question Period whether he was aware of the higher internal number. He said the higher number takes into account the ongoing cost of pilots' salaries and other costs associated with operating the current fleet of CF-18 jet fighters.

"Yes, and it was explained to me just that way, that the additional $10 billion was money that you could describe as sunk costs, that is what we're paying our personnel, and the fuel that is currently being expended in CF-18s, jet fuel, maintenance costs, what we are currently spending," MacKay said. THE CANADIAN PRESS

Avalanche on world's highest battlefield

Kashmir region. At least 135 soldiers and civilians missing at entrance to Siachen Glacier

Pakistan's army chief Gen. Ashfaq Parvez Kayani, centre, gestures during his visit to an avalanche site in Pakistan. INTER SERVICES PUBLIC RELATIONS/AP PHOTO

Rescue workers used bulldozers Sunday to dig through huge banks of snow following a massive avalanche a day earlier in Siachen that engulfed a military complex and buried at least 135 people.

Most of the victims were soldiers.

The avalanche occurred in a mountain battleground close to the Indian border.

More than 24 hours after the disaster at the entrance to the Siachen Glacier, no bodies have yet been recovered, said military officials.

The accident, which is on the northern tip of the divided Kashmir region claimed by both India and Pakistan, highlighted the risks of deploying troops in one of the most inhospitable places on earth.

Troops have been posted at elevations of up to 6,700 metres and have skirmished intermittently since 1984. The glacier is known as the world's highest battlefield.

The army said 240 troops and civilians worked at the scene Sunday with the aid of sniffer dogs and heavy machinery.

Pakistan and India have fought three wars since 1947; two have been over Kashmir.

Conflict there began in 1984 when India occupied the heights of the 78-kilometre long glacier, fearing Pakistan wanted to claim the territory. Pakistan also deployed its troops. Both armies remain entrenched despite the ceasefire, costing the poverty-stricken countries many millions of dollars each year. THE ASSOCIATED PRESS

Tulsa arrests. Black community terrorized in spate of shootings

Police backed by a helicopter arrested two men early Sunday and said they would face murder charges in the recent shootings that terrorized Tulsa's black community.

Three people were killed and two others were critically wounded.

Police spokesman said the two men were arrested at a home just north of Tulsa about 2 a.m. Sunday and were expected to be charged with three counts of first-degree murder and two counts of shooting with intent to kill.

While police identified the men as white and all the victims are black, authorities have not described the shootings as racially motivated and declined to discuss that issue.

Community leaders, however, expressed concern about the motivation for the shootings on Tulsa's predominantly black north side, as well as the possibility that they would provoke a vigilante response.

The Rev. Warren Blakney Sr., president of the Tulsa chapter of the National Association for the Advancement of Colored People, a civil-rights organization, said that word of the arrests had provided a great sense of relief.

"The community once again can go about its business without fear of there being a shooter on the streets on today, on Easter morning," he said.

Police said they linked the shootings because they happened about the same time and within a few kilometres of each other,

All five victims were out walking when they were shot. Four were found in yards, and one in the street.

Police have said they don't believe the victims knew one another. They identified the men in custody as Jake England, 19, and Alvin Watts, 32, but gave no hometowns for them.

Officers said they were taken early Sunday for questioning at a downtown Tulsa police station, where they would be booked and jailed.

Tulsa police Chief Chuck Jordan called the attacks vicious and cowardly. Police said they did not have a motive for the shootings.

Tulsa police had at least two dozen officers investigating the case, along with the FBI, the U.S. Marshals Service and other agencies.

After receiving a tip, police found the men at one spot and then followed them as they walked to another place. THE ASSOCIATED PRESS

60 Minutes' Mike Wallace dies at 93

Obituary. Wallace's fierce reputation arrived for the interview before he did

"Mike Wallace is here to see you."

The 60 Minutes journalist's reputation as a pitiless inquisitor was so fearsome that it was often said that those were the most dreaded words in the English language, capable of reducing an interview subject to a shaking, sweating mess.

Wallace, who won his 21st and final Emmy Award at 89, died Saturday in the New Canaan, Conn., care facility where he had lived the last few years of his life. He was 93.

Wallace didn't just interview people. He interrogated them. He cross-examined them. Sometimes he eviscerated them. His weapons were many: Thorough research, a cocked eyebrow, a skeptical "Come on" and a question so direct sometimes it took your breath away.

He was well aware that his reputation arrived at an interview before he did, said Jeff Fager, CBS News chairman and Wallace's long-time producer at 60 Minutes.

"He loved it," Fager said. "He loved that part of Mike Wallace. He loved being Mike Wallace. He loved the fact that if he showed up for an interview, it made people nervous.... He knew, and he knew that everybody else knew, that he was going to get to the truth."

Wallace made 60 Minutes compulsively watchable, television's first newsmagazine that became appointment viewing on Sunday nights.

Wallace died on April 7. THE ASSOCIATED PRESS

The late Mike Wallace
TOBY TALBOT/THE ASSOCIATED PRESS FILE

Timeline:

- **1968.** Wallace joins 60 minutes.
- **1979.** Wallace asks Iran's Ayatollah Khomeini what he thought about being called "a lunatic."
- **1999.** The Insider, a film based in part on a 60 Minutes story, premieres.

Vatican. Pope calls on Syria to put a stop to ongoing violence

Pope Benedict XVI, seen here greeting the faithful at the Vatican on Sunday. OSSERVATORE ROMAN/THE ASSOCIATED PRESS

Pope Benedict XVI implored the Syrian regime Sunday to heed international demands to end the bloodshed and expressed hope that the joy of Easter will comfort Christian communities suffering because of their faith.

Benedict, struggling with hoarseness and looking tired, celebrated Mass on Christianity's most joyous holy day on the steps of St. Peter's Basilica, before a crowd that swelled to far over 100,000 by the end of the two-hour-long ceremony.

Only hours earlier, the pontiff, who turns 85 on April 16, had led a long nighttime vigil service in the church. There have been concerns over his health and he has recently used a cane in public appearances.

At the end of Sunday's Mass, Benedict moved to the basilica's central balcony to read his Easter message "to the entire world," as he put it.

He delivered a ringing appeal for peace in Iraq, Syria and elsewhere in the Middle East. He also called for peace in Africa, citing coup-struck Mali and Nigeria, where Christians and Muslims alike have been hit by terrorist attacks.

"May the risen Christ grant hope to the Middle East and enable all the ethnic, cultural and religious groups in that region to work together to advance the common good," the Pope said. THE ASSOCIATED PRESS

United Nations

Peace plan for Syria delayed

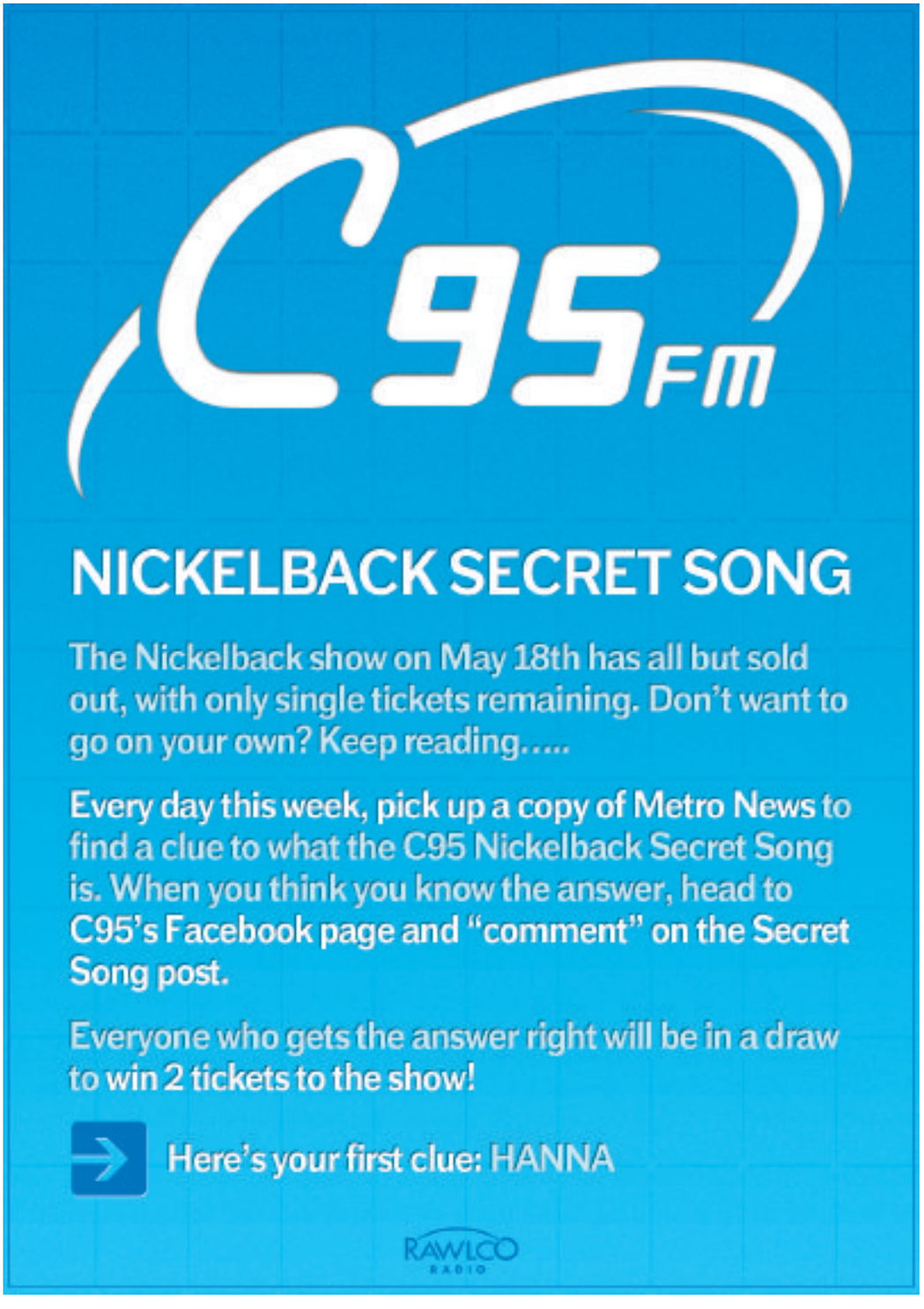
A UN-brokered plan to stop the bloodshed in Syria effectively collapsed Sunday after President Bashar Assad's government raised new, last-minute demands that the country's largest rebel group swiftly rejected.

The truce plan, devised by UN-Arab League envoy Kofi Annan, was supposed to go into effect on Tuesday, with a withdrawal of Syrian forces from population centres, followed within 48 hours by a ceasefire by both sides in the uprising against four decades of repressive rule by the Assad family.

But on Sunday, Syria's Foreign Ministry said that, ahead of any troop pullback, the government needs written guarantees from opposition fighters that they will lay down their weapons.

The commander of the rebel Free Syrian Army said that while his group is ready to abide by a truce, it does not recognize the regime "and for that reason we will not give guarantees."

THE ASSOCIATED PRESS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The Nickelback show on May 18th has all but sold out, with only single tickets remaining. Don't want to go on your own? Keep reading.....
Every day this week, pick up a copy of Metro News to find a clue to what the C95 Nickelback Secret Song is. When you think you know the answer, head to C95's Facebook page and "comment" on the Secret Song post.
Everyone who gets the answer right will be in a draw to win 2 tickets to the show!
Here's your first clue: HANNA
RAWLCO RADIO

Carney urges smarter development of natural resources

Exports. Natural-resource industry needs to ensure it is being paid global rates for its products, Bank of Canada governor says

Bank of Canada Gov. Mark Carney

FRANK GUNN/THE CANADIAN PRESS

Part of the solution to Canada's poor export performance lies with natural resources, but simply pumping oil out the door won't suffice, says the governor of the Bank of Canada.

Mark Carney recently chastised Canadian business for being trade laggards since the 2008 recession, saying they have not done enough to infiltrate growing markets.

Carney said opportunities in natural resources abound in Canada, but they need to be developed quickly, efficiently — and sustainably.

"These opportunities exist at a time when there are other opportunities in other jurisdictions, other countries. So there is an element of competition here, and we need to be appropriately efficient in their development," Carney said in an interview with The Canadian Press.

Canadian business should count on commodities prices and the Canadian dollar staying relatively strong over the long term and calculate their costs and revenues accordingly, he said.

"The scale of the natural-resources opportunities are huge (and) should be developed in a sustainable way," he stressed, opting to use the term "sustainable" at a time when federal budget directives dropped the notion of sustainable development and replaced it with "responsible" exploitation of resources. THE CANADIAN PRESS

Pipeline. Aboriginals growing more dismayed with hearings process

The federal government's decision to put a cap on how long environmental-assessment hearings can drag on isn't expected to affect the Northern Gateway pipeline project, but aboriginal reaction to the change probably will.

Natural Resources Minister Joe Oliver says Ottawa isn't planning to fast-track the approval process for the proposed $5.5-billion pipeline, despite his government's announcement in last month's budget they would limit project reviews to 24 months.

The Gateway assessment was always scheduled to be completed within that time frame.

But aboriginal leaders in British Columbia say they are becoming increasingly dismayed with the public-hearing process and are now seriously considering bypassing the hearings and heading straight to court.

Coastal First Nations spokesman Art Sterritt said the cancellation of a day and a half of scheduled review-panel hearings in the central B.C. coastal community of Bella Bella last week signalled to many aboriginals that Ottawa has already heard enough from Northern Gateway's opponents.

"My guess is they are now going to try and shut it down by the fall," said Sterritt, whose organization is an alliance of about a dozen First Nations along B.C.'s north and central coasts and Haida Gwaii.

THE CANADIAN PRESS

Panel process

- A three-member panel is assessing the environmental effects of the project and is reviewing the Enbridge application under both the Canadian Environmental Assessment Act and the National Energy Board Act.
- Under the act, the panel will decide if the project is in the public interest. It will assess its environmental effects and make recommendations to the Conservative government.

Safety concerns

Ford recalls Focus vehicles

Ford is recalling more than 140,000 Focus compact cars because the passenger-side windshield wiper can fail.

U.S. federal-safety regulators say a seal in the wiper motor wiring may be missing. Water can get inside and cause the wiper to stop working, increasing the risk of a crash.

There are 19,062 Focus vehicles in Canada that are involved in the recall.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 100.62¢ US (+0.26¢)

TSX 12,103.11 (-75.55)

OIL $103.31 US (+$1.84)

GOLD $1,630.10 US (+$16)

Natural gas: $2.089 US (-5.2¢)
Dow Jones: 13,060.14 (-14.61)

NO JOKE — ALACHEWAN HAS A NICE RING TO IT

URBAN COMPASS
Paul Sullivan
saskatoon@metronews.ca

Some of the best ideas have humble beginnings.

For example: The April Fool's Day news release from the Wildrose party announcing plans to pursue a merger between Saskatchewan and Alberta. Would you believe Saskberta?

The tongue-in-cheek release went on to propose that the capital of the conjoined province be relocated in Lloydminster and renamed Regimonton.

All very amusing. But now that we've had a few days to absorb it, is this not the best idea to come out of Alberta since Family Day?

Think about it. Saskatchewan is great, but Saskberta is greater, exactly 661,848 square kilometres greater. Instantly bigger than Ontario, smaller only than Quebec and Nunavut, which don't really qualify as provinces. (Quebec is a nation, right?)

From our new vantage point in Regimonton, we can survey our vast domain and all the new goodies.

For the first time, Saskatchewan can be described as "mountainous" (Diefenbaker doesn't count).

For the first time, Alberta gets a real football team.

Of course, we'd have to straighten a few things out. The name, for example. Saskberta is, literally, a joke. And it's not fair that Alberta gets the majority of syllables. I propose Alachewan, which flows off the tongue compared to the awkward, herky-jerky Saskberta, which sounds like a cross between a poisonous plant and a semi-mythical woodland creature. Alachewan, in addition to being syllable-fair, sounds like a James Cameron movie.

It would also put a quick end to the idea of calling the province's third NHL team the Saskberta Grain Elevators. How can you tell the release was written by some political geek? Everybody knows you name your NHL team after a cool beast, such as the Alachewan Grinding Gophers. Good in the corners.

We could also re-examine Regimonton. Now that the province will at least double the number of politicians in the legislature, perhaps Caltoon would be appropriate.

The more you think about it, the more it makes sense. And it comes at a time when the two provinces have the strongest economies and the lowest unemployment in the country. People from the east who now migrate to Alberta won't have as far to go before they get here.

Really, it's the same place, a place where the skies are not cloudy all day and the cities are constructed around the principle of ample parking. We have everything, and with the merger we'll simply have more.

All except one thing. The news release points out that the merged province would acquire "access to a deepwater port to facilitate exports of Alberta's energy products." Er, April Fool.

For that we'd have to annex Manitoba.

Bwa-ha-ha.

Worth mentioning. Need a special figurine for your wedding cake? Call Alberta

Spring brings showers, flowers, and dreams of the perfect wedding, complete with the perfect table settings, decorative bows, aisle runners and stationary holders.

But many couples heading for the altar might be surprised to learn that the founder of the global company that's supplying the decorations for their special day — right down to personalized bride-and-groom figurines for their wedding cakes — got his start in the business when he was still playing in the rough-and-tumble world of junior hockey.

Meet Rick Brink of Weddingstar, a company with 70 employees and warehouses in North America, Europe and Australia with its headquarters in an unlikely location — just outside Medicine Hat, Alta.

THE CANADIAN PRESS

Retracing Titanic's path

ALASTAIR GRANT/THE ASSOCIATED PRESS

All aboard

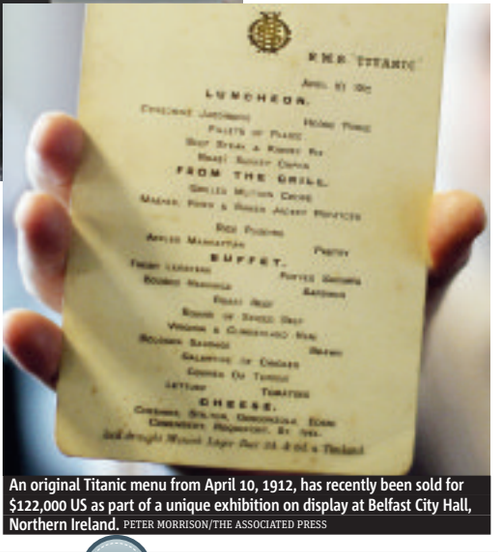
Cruise recreates experience 100 years later

Mary Beth Crocker Dearing and her husband Tom Dearing from Newport, Ky., pose for the media in period costume as they wait to board the MS Balmoral cruise ship in Southampton, England, on Sunday.

Nearly 100 years after the Titanic went down, a cruise with the same number of passengers aboard set sail to retrace the ship's voyage, including a visit to the location where it sank. The Titanic Memorial Cruise departed Sunday from Southampton, where the Titanic left on its maiden voyage. Organizers are trying to recreate the on-board experience, minus the disaster, from the food to a band playing music from that era.

THE ASSOCIATED PRESS

A mockup of a first-class dining table from the Titanic is seen in the check-in area for the MS Balmoral Titanic memorial cruise.
ALASTAIR GRANT/THE ASSOCIATED PRESS

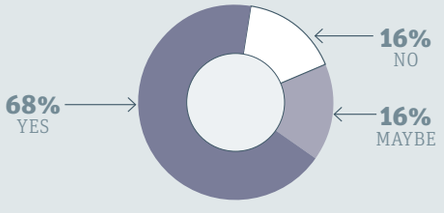


An original Titanic menu from April 10, 1912, has recently been sold for $122,000 US as part of a unique exhibition on display at Belfast City Hall, Northern Ireland. PETER MORRISON/THE ASSOCIATED PRESS

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Are you going to make the tax deadline?



Twitter

@BruceHolmquist: Drove by @usask and still one of the best looking campuses I have seen any where! #UofS #cdnag #YXE #westcdnag #sask

@heymatheson: It was a little chilly & a tad windy today, but at least we could see accross the river. Everyday without a snowstorm is a great day! #yxe

@Claire_MP: Spring has sprung in Saskatoon. Saw my first homemade Garage Sale sign! #yxe

@ATULocal615: We hope everyone is having a good and safe Easter! #yxe

@51adventures: My Easter Egg hunt..#saskatoon and goes to Regina to Weyburn to Tribune..all on the #STC. Public transits okay by me. #ilovemyfamily

metro

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2
SCENE

Our Lady Peace released their latest album, Curve, last week. AARON VINCENT ELKAIM/THE CANADIAN PRESS

Our Lady Peace had a clumsy path to new disc

Transformation. Band came to the brink of a breakup before enlisting the help of a new producer who helped them push their sound forward

Toughing it out

"I think we all really knew in our hearts we hadn't got there yet."

Our Lady Peace frontman Raine Maida on the band sticking together through tough times so they could put out their latest album, Curve.

The past decade hasn't been an entirely peaceful time for Our Lady Peace.

Frontman Raine Maida concedes that diminishing record sales, a hobbled industry and an occasional feeling of creative aimlessness brought the Toronto band closer to the brink of a breakup than they've otherwise been in nearly 20 years of playing together. But Maida says the alt-rock quartet stayed united in large part because they could sense a creative breakthrough was around the corner, and he feels they've found it with new disc, Curve. "I think the last 10 years were probably the most tumultuous, and we never broke up because even when we were really on the cusp of it — of walking away from this — because we hadn't made this record," Maida said during a recent interview in Toronto. "I think we all really knew in our hearts we hadn't got there yet."

The transformative process began the first time the band got into a room with producer Jason Lader (known for helming discs by Maroon 5, Rilo Kiley and Elvis Costello), who was blunt in summing up his thoughts on some of the material the band was working with at the time.

And Maida said it was crude candour, not tact, that the band needed. "It's like when you're in a relationship for a long time with someone — it gets harder and harder to pull the right things out of people," he said. "I can only push Jeremy (Taggart) so hard as a drummer and he's only going to say certain things to me as a lyricist ... it's all baby steps.

"But then we brought Jason in and it's like no baby steps. No filter. 'This sucks. You guys don't listen to this kind of music, why would you make a record like this? Let's challenge you.'"

For Maida, the process meant revisiting records that inspired him — early Peter Gabriel and David Bowie — to draw inspiration. The band pushed to find deeper grooves, unusual rhythms and new textures, adding keyboards (or guitars that sounded like keyboards) and new vocal wrinkles to subtly tweak their sound.

It was important to Maida that the band not stray too far from their traditional sound, but instead push it forward.

Largely, the new tunes sound a little subtler, a little funkier. The supple Window Seat slowly heats to a boil, Fire in the Hen House dances atop a nimble bassline while album-closer Mettle mixes spoken-word recordings over delicately plucked guitar strings.

The recordings in question came from conversations conducted with 74-year-old Canadian boxing legend George Chuvalo. Maida — a lifelong fan of boxing and mixed martial arts — went to Chuvalo's home with a tape recorder to talk about the boxer's life (a sepia-toned image of the pugilist adorns the album's cover), which was racked with hardship. Chuvalo lost three of his sons to suicide or addiction and his first wife also took her own life. "There's so much depth to George," Maida said. "He's a fighter in and out of the ring."

THE CANADIAN PRESS

Box office

Easter feast for Hunger Games

Film fans are still forking over for The Hunger Games, which has taken in $33.5 million to lead the box office for a third-straight weekend. According to studio estimates Sunday, The Hunger Games raised its domestic total to $302.8 million. It easily out-earned two returning favourites, the American Pie sequel American Reunion and a 3D version of the blockbuster Titanic. Both newcomers opened solidly, though. American Reunion pulled in $21.5 million, the lowest haul since the 1999 original but still a decent return for a comedy franchise whose last chapter came nine years ago. Titanic in 3D reeled in $17.4 million over the weekend, raising its domestic take to $25.7 million since opening Wednesday. That lifts the lifetime domestic gross of James Cameron's mega-hit to $626.5 million.

THE ASSOCIATED PRESS

On the web

Group New Multitudes honour Woody Guthrie with new music based on his unfinished works

Hanson have come a long way from MMMBop. HANDOUT/THE CANADIAN PRESS

Shout it Out. Hanson brothers set out to prove they're all grown up

Back when Hanson were chart-topping teenybop idols, there was one question they heard over and over.

"People would ask us, what are you going to do when you get a real job?" drummer Zac Hanson said in an interview last week at a Toronto pub. "And we'd say stuff like: 'Just think of us as old guys with high voices. We're going to be doing this until we're old and grey.'"

Fifteen years since Middle of Nowhere catapulted Hanson to pop stardom, the band is still working to deliver on that promise. The trio certainly cuts a different figure than they did back in '97, when the sunshine-pop smash MMMBop introduced three cherubic siblings.

Now? The Hansons are all married and have a combined eight kids. But as they promote this week's Canadian release of their sixth record, Shout it Out, they acknowledge that it's still an uphill battle trying to persuade listeners that a former Tiger Beat fave can indeed change its stripes.

"Part of the (process) is just realizing it's not personal," said Taylor, 29.

On Shout it Out — which actually came out Stateside back in 2010 — the band revisited the soul/R&B influences that originally earned comparisons to the Jackson 5.

THE CANADIAN PRESS

Hathaway really dedicated to film role?

Anne Hathaway has reportedly been starving herself for her role as a tuberculosis-stricken prostitute in a new film version of Les Miserables, according to the Daily Mirror.

Sources say the actress has subsisted on a 500-calorie diet to drop 16 pounds in three weeks — and that's on top of a grueling gym regimen.

"Anne was exercising two hours a day, five days a week," a source says, though her rep insists it's all being blown out of proportion: "The numbers are exaggerated in both pounds and calories," Hathaway's rep says.

Heidi Klum

Stick a fork in it: Klum and Seal are done

There goes any hope for a reconciliation: Three months after announcing their separation, Heidi Klum has officially filed divorce papers against husband Seal in California, citing "irreconcilable differences," according to TMZ. The couple's prenuptial agreement reportedly ensures they'll retain separate property and assets, and Klum is seeking primary custody of the couple's four children, with visitation rights for Seal.

Will Hunger Games director helm the sequel?

After introducing the blockbuster franchise, director Gary Ross will reportedly not be returning to helm the second Hunger Games film, according to the Playlist.

Ross and the franchise's studio, Lionsgate, were involved in a "tough" back and forth over the deal for Catching Fire, the second installment in Suzanne Collins' book series. Ross was reportedly paid $3 million for the first film, plus five per cent of its profits. Deadline's Nikki Finke, however, insists the reports are premature, and that Ross has been on vacation with his family while the news of his walking away from the franchise has spread.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Amanda Bynes arrested for DUI

THE WORD
Dorothy Robinson
scene@metronews.ca

Nickelodeon star Amanda Bynes, 26, showed she isn't that innocent by pulling a very Lohan-esque move over the weekend: She drunkenly careened into a police car in the wee hours of Friday morning.

According to People magazine, the Hairspray actress was arrested for driving under the influence in Los Angeles after colliding with a police car at around 3 a.m. on Friday, after partying at L.A.'s Greystone Manor Club.

"A Los Angeles County Sheriff's Deputy in a marked black and white radio car was stopped at the intersection of ... Robertson Boulevard and Santa Monica Boulevard preparing to turn right onto Santa Monica Boulevard when a black BMW driven by actress Amanda Bynes attempted to pass the right of the radio car, colliding with the right rear quarter panel of the radio car," the West Hollywood Sheriff's office said in a statement.

"There was minor paint transfer damage to both vehicles. Amanda Bynes was subsequently arrested for driving under the influence and booked at West Hollywood Sheriff's Station."

The actress sported pink-highlighted hair in her mug shot, and after posting $5,000 for bail, she was spotted the next day in the same leg-baring outfit to retrieve her BMW from an impound lot, according to TMZ.

Look on the bright side, Bynes: The "I'm not drunk. I'm just kinda over it and bored" face you're trying to work in your booking photo is some of the best acting work you've done in years.

Britney Spears ALL PHOTOS GETTY IMAGES

Jason Trawick to share legal control over Britney Spears

Poor Britney Spears. Sure, she's a famous millionaire, has two cute kids (we can overlook for a moment with whom she had them), and a killer body.

But she's still apparently incapable of looking after her own affairs.

It was announced over the weekend that her fiancé, Jason Trawick, has reportedly filed a petition to be added as one of her conservators, according to E! News.

If approved, Trawick would be in charge of Spears' general well-being, while the singer's father would still be in charge of her multimillion-dollar fortune. Per People, a conservator like Trawick has the legal authority to make decisions over a person's food, clothing and medical care.

Since 2008, Spears' father has held legal control over her, her career, and her fortune after the singer suffered a psychological breakdown.

Sad. Usually you hope a marriage will be an equal partnership in all affairs, but it seems like Spears, 30, is still so medicated/sick that she's incapable of self-sufficiency. This is what America does to its famous young women. Amanda Bynes, take note.

Klein thanks dog for recovery

American Reunion star Chris Klein knew he had a problem with alcohol thanks to his German shepherd, Chief.

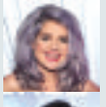
"He would get agitated that the alcohol was coming out, and I will be forever grateful to him for that," Klein, who has been sober for 19 months following a DUI arrest and a stint in rehab, tells People magazine.

"He began to recognize the behaviour shift in me when (I drank) alcohol and his behaviour would change. Anybody that has a meaningful relationship with a dog will understand that the disappointment that I saw in his eyes, (it was) insurmountable."

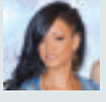
Twitter

@SethMacFarlane
This country is so asleep it's kind of a shock that the rest of the world doesn't write on us.

@SteveMartinToGo
I thought yesterday was the first day of the rest of my life but it turns out today is.



@MissKellyO
I love it when my Dad calls me up just for a chat!



@rihanna
If u love something let it go...if it doesn't come back, hunt it down and kill it

3 LIFE

Casting Call

Say Cheese for Gap

Gap is looking for the next faces of BabyGap and GapKids.

Up to five photos and a description of babies ages four and under or kids ages five to 12 can be posted at gap.com/castingcall between April 2 and 22.

Winners will receive a $1,000 gift card to Gap and a $10,000 donation made in their name to Communities in Schools, a Canadian NFP helping kids to stay in school.

DELIA MACPHERSON, METRO

On the Web

Divorce expo a low-key counterpoint to multi-million-dollar wedding industry

After 11 years of marriage, Brian and Kathryn Quinn renewed their wedding vows. DEANNA FENECH/ THE ASSOCIATED PRESS

Walk down the aisle faithfully (again)

Vow renewal. Saying, 'I do' a second (or third) time reminds couples of how far they have come

Kathryn Quinn of East Lansing, Mich., is approaching her 11-year anniversary. She and her husband recently renewed their vows on a trip to the Virgin Islands.

"I'm so glad we did it," she said. "This was our first trip away from our children. It was at a beautiful location. The vow renewal was meaningful, and gave us a chance away from our daily life to really celebrate our time together and be grateful for our relationship."

Recommitting to a relationship through vow renewals is becoming more popular, said Susan Southerland, president of Just Marry!, Inc. wedding planners in Orlando.

"In the last three to five years, they've become extremely popular. We've always done one or two throughout the year, but all of a sudden it's become a huge request."

Winifred Brunston of Lancaster, Calif., lost her husband last year. She enjoys looking back to their 35th anniversary, in 2004, when they renewed their vows in the same small church where they got married.

Brunston feels marriage vows mean more over the years because "it lets the spouse know you still love them enough to marry them again."

Anja Winikka, editor of the wedding TheKnot.com, believes one reason for the spike of interest in vow renewals is that some celebrity couples have done it.

Tori Spelling and Dean McDermott filmed their vow renewal for their reality TV show. Holly Robinson Peete tweeted photos after she and former NFL quarterback Rodney Peete recently celebrated their 17-year anniversary by renewing their vows on top of the Empire State Building in New York. Mariah Carey and Nick Cannon are the most consistent; they renew their vows every year.

"You hear about it, and just like any trends in the wedding industry and in decor and fashion, celebrities certainly do influence us in that way," says Winikka.

Southerland says she recently helped a couple who renew their vows every year. "It's always a surprise, and the husband plans it," she said.

Whether you renew your vows annually or just once, in a small ceremony or as part of a vacation, the cost of saying "I do — again" can vary.

"You can do something that's very simple, that's just the husband and wife standing up with a photographer, and that can be less than $1,000. Or you can do something where you've invited a bunch of people. I've had people spend upwards of 50 or 60 thousand," Southerland said.

And even a do-over bride can turn into a Bridezilla, she says. "That still is personality-driven, which kind of makes me chuckle," she said. "I'm thinking, 'Wow, you've known this guy for a long time. What's there to be nervous about?' Others are more laid-back. But you still have some very nervous brides."

THE ASSOCIATED PRESS

Popularity

"In the last three to five years, they've become extremely popular."

Susan Southerland, president of Just Marry!, Inc. wedding planners
on the increasing popularity of vow-renewal ceremonies

Mariah Carey and Nick Cannon renew their vows each year. CHRIS PIZZELLO, FILE/ THE ASSOCIATED PRESS

The Web

When kids google you

While I'm proud to be a mommy blogger, I recently found myself in a position where I actually thought, "Crap, I think I may have to stop writing about motherhood." This was thanks to Google. Or rather, thanks to my daughter, who recently learned what Google search is and how to use it.

It started when, inspired by her future stepsisters who told her dolls cannot talk, she Google searched "Are stuffed animals real?" One of the things that came up was a post I had written about how my daughter freaked out when she took Ellie (her stuffed animal) into a pool and poor Ellie drowned. (Of course I gave Ellie mouth-to-mouth and she was fine.)

She read the piece. Then: Tears. Lots and lots of tears. "Why did you write that?" my daughter asked, crying, as the truth sunk in. My heart broke.

But she was hooked. Another night, I found she had Google searched me, via "Google Image," to show some new friends. What she pulled up were photos of me lying sexily in lingerie that went along with a story I did about boudoir photography. The good news is I look damn good. The bad news is I didn't really want strangers (especially little children) looking at me in lingerie.

At home, I don't allow my daughter to be on a computer. She doesn't have her own, and she knows that she is not to touch mine, under any circumstances. But this year at school, sometimes her homework is to Google search people who are coming into her class to speak. I'm at her side when she does this, but along with iPads, and computers at other people's homes, I can't really control her use.

No matter how open and close I am with my daughter, I just know I'll have a lot of explaining to do one day thanks to all my writing about her. I'm trying to look at the positives, and there is only one thing I can come up with. I've never had a sex tape leaked. And I never plan to film a sex tape. And, I suppose, I'm glad she can…read?

REBECCA ECKLER, MOMMYISH.COM

Upgrade these casual bites

This recipe serves two to four. THE CANADIAN PRESS H/O

Chicken Fingers. Kids will love dipping these bites into the Caesar Mayonnaise

These chicken fingers will make a perfect weeknight supper. Children love them, so you will have an enthusiastic audience, and the adults in the crowd will appreciate them as well.

The chicken fingers have a kicked-up crust and tasty Caesar dipping sauce to serve them up with.

Toss in some chopped romaine lettuce for a new twist for your next Chicken Caesar Salad.

1. Cut chicken into strips and dredge in flour. Coat chicken with mayonnaise.

2. In a shallow dish, mix together breadcrumbs, rind, cajun spice, garlic powder, salt and pepper; toss chicken in mixture to coat evenly.

3. Place chicken strips on a parchment paper lined baking sheet. Bake in 200 C (400 F) oven for about 25 minutes, turning them halfway or until no longer pink inside. Serve with Caesar Mayonnaise.

4. Caesar Mayonnaise: In a bowl, whisk together mayonnaise, cheese, parsley, capers, lemon rind and juice, salt and pepper.

THE CANADIAN PRESS/ HELLMAN'S/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE VISIT EMILYRICHARDSCOOK.CA.)

Ingredients

- 2 boneless, skinless chicken breasts
- 125 ml (1/2 cup) whole wheat flour
- 125 ml (1/2 cup) mayonnaise
- 250 ml (1 cup) whole-wheat or panko breadcrumbs
- 10 mL (2 tsp) grated lemon rind
- 5 ml (1 tsp) cajun spice
- 2 ml (1/2 tsp) garlic powder
- Pinch each salt and freshly ground pepper

Caesar Mayonnaise

- 125 ml (1/2 cup) mayonnaise
- 30 ml (2 tbsp) freshly grated Parmesan cheese
- 15 ml (1 tbsp) chopped fresh parsley
- 5 ml (1 tsp) chopped capers
- 5 mL (1 tsp) grated lemon rind
- 5 ml (1 tsp) lemon juice
- Pinch each salt and pepper

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com

Red Lobster is a seafood favourite for many families thanks to its seemingly endless options. Just be careful what part of the menu you're ordering from.

Admiral's Feast

1,280 calories/ 73 g fat/ 4,300 mg sodium
This is no feast if you're watching your weight. Most of the dish is deep fried, accounting for a day's worth of calories and fat, and three days of sodium.

Equivalent

One Admiral's Feast is like eating five Arby's roast beef sandwiches in fat.

Ultimate Feast

600 calories/ 28 g fat/ 3,660 mg sodium
A much better choice since you're getting virtually all steamed seafood, including lobster, shrimp and crab legs, is the Ultimate Feast.

Prepare for warm weather ahead by firing up grill for Hot Dogs with Chili

A spiced up and smoky chili atop a hot dog can sure hit the spot on a semi-warm spring night. It's also a great way to fire up the grill in preparation of warmer evenings ahead.

If there is no time to make the chili before your dinner guests arrive or before the kids come back from their extracurricular activities, be sure to use some leftovers you have in the fridge to jazz up your dog.

Some favourites are onions, sauerkraut, pickles, and relish but you can also add cheese and unique ingredients like avocado.

1. In a large skillet over medium heat, heat the two slices of bacon and half of the onion, stirring occasionally for about 5 minutes or until the bacon is crisp and browned. Add the jalapeno pepper and minced garlic and cook for about 1 minute. Add the ground sirloin and cook stirring and breaking up the meat with the side of a spoon, for about 5 minutes.

2. Add the chipotle chili, paprika, cumin and salt and mix well. Stir in the tomato sauce and beer; bring everything to a simmer. Reduce the heat to medium-low and simmer, stirring occasionally, for about 10 minutes or until liquid thickens; keep warm.

3. Prepare your grill for direct and indirect cooking over medium heat, 180 to 230 C (350 to 450 F).

4. Cut a few shallow slashes in each hot dog. Wrap the hot dog buns in a foil packet.

5. Grill the hot dogs over the direct medium heat, with the lid closed as much as possible, turning occasionally for 5 to 7 minutes or until the hot dogs are lightly marked on the outside and hot all the way to the centre.

6. During the last 3 minutes of grilling time, warm the packet containing the hot dog buns over indirect medium heat.

7. Place the hot dogs in the buns. Top each one with chili, cheese and remaining chopped onion. Serve warm.

WEBER'S TIME TO GRILL BY JAMIE PURVIANCE/ THE CANADIAN PRESS/ THIS RECIPE WAS ADAPTED FOR METRO NEWS BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)

Ingredients

- 2 slices bacon, finely chopped
- 1 medium white onion, finely chopped, divided
- 15 ml (1 tbsp) minced jalapeno pepper
- 10 ml (2 tsp) minced garlic
- 500 g (1 lb) ground sirloin
- 1 canned chipotle chile in adobo sauce, chopped, or 5 ml (1 tsp) chipotle chili powder
- 5 ml (1 tsp) smoked paprika
- 2 ml (1/2 tsp) each ground cumin and kosher salt
- 1 can (277 ml/8 oz) tomato sauce
- 125 ml (1/2 cup) lager beer, beef broth or water
- 8 all-beef hot dogs (each about 125 g/4 oz)
- 8 hot dog buns
- 250 ml (1 cup) grated sharp cheddar cheese

Hot Dogs with Chili

This recipe serves eight. THE CANADIAN PRESS H/O

That glass of water costs more than you think

Water pumps. Old, inefficient technology hurts the environment and wastes money

BEN KNIGHT
life@metronews.ca

Water is heavy. And it wants to move in one direction: down.

Human civilization needs water to go up — to the top floors of houses, office blocks, schools, apartment buildings and skyscrapers.

That takes an enormous amount of energy. Studies show about 18.5 per cent of all electrical power is expended moving water — and much of it is being wasted.

So says Jes Munk Hansen, North American president of Grundfos, the world's largest producer of water pumps.

"If you go into a hotel or school or bank and look at their mechanical room, you will see electric pumps that are typically quite old — technology from the '50s and sometimes earlier," he says.

Wasted power

18.5%

The approximate percentage of all the electrical power produced on Earth that is consumed by water pumps.

"These pumps are not only inefficient by themselves, they basically run all the time because they don't have intelligence to tell them when to run. It's as silly as leaving your car engine running all night."

Hansen says this is a problem that actually feeds on itself. We need energy to move water, and water is essential to producing energy.

"What makes our pumps special is that the motors have added software and electronics. (We make) intelligent pumps that only consume the energy they absolutely need to."

It's a problem most of us aren't even aware of. Hansen says a significant part of his company's work is simply educating landlords that this huge, expensive problem exists in the first place.

The potential savings are staggering. "If the starting point is that almost 20 per cent of all electricity is consumed by water pumps, imagine if we can take out ... a quarter of that," says Hansen. "That would be an enormous amount, the equivalent of many, many power plants — many nuclear plants."

Intelligent water pumps can result in significant cost savings — and help the environment. ISTOCK IMAGES

Now is the time to put French doors in your kitchen.

Depend on Maytag® refrigerators to give you maximum storage that conveniently fits into a 30-inch opening. With contemporary French-door design, this Maytag® refrigerator also has the utmost in style.

The new Whirlpool® French Door refrigerator provides fresh food simply at your fingertips. It has an easy access refrigerated drawer with removable dividers for customizable storage solutions with enough room to store veggie trays or birthday cakes.

The KitchenAid® 36" (91 cm) French Door refrigerator pampers you with style and quality as well as providing easy access to water and ice. A full-colour LCD display shows ingredient substitutions and unit conversions. Plus it has the ExtendFresh™ temperature management system to maximize freshness.

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LIMITED TIME OFFER
March 30 to April 15, 2012

Some conditions apply.*
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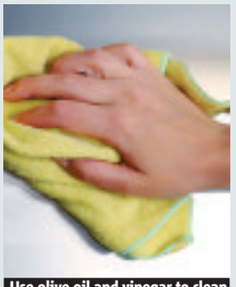
www.whirlpoolcanadarebates.ca for more details.

*Valid on qualifying Whirlpool®, Maytag® or KitchenAid® refrigerators purchased from a participating authorized Canadian Whirlpool®, Maytag® or KitchenAid® appliance dealer. Offer cannot be combined with any other Whirlpool®, Maytag® or KitchenAid® appliance offer. See tear pad in-store for qualifying models. All models may not be available at all dealers. No substitute models qualify. This offer is not available to dealers, builders or contractors. ****KitchenAid® 5 Quart (4.75L) Artisan Stand Mixer (MSRP: $499.99†) gift based on purchase of a qualifying 33" or 36" French door refrigerator. KitchenAid® 14 Cup (13.5L) Coffee Maker (MSRP: $169.99†) gift based on purchase of a qualifying 30" French door refrigerator only. †MSRP is the Manufacturer's Suggested Retail Price. Dealer prices may vary.** Dealer alone has sole discretion to set retail prices. Dealer may sell for less. In order to receive your gift with purchase, you must complete an online claim form at www.whirlpoolcanadarebates.ca and submit online, by mail or fax by July 15, 2012, or offer will be void. Allow 4 to 6 weeks from validation of claim to receive your gift. Offer open to Canadian residents only. One gift per household. Some restrictions may apply. ®Registered Trademark/™ Trademark of Whirlpool, U.S.A., KitchenAid, U.S.A., or Maytag Properties, LLC or its related companies. The shape of the stand mixer is a registered Trademark of KitchenAid, U.S.A. Used under license in Canada. © 2012. All rights reserved.

Queen of Green

The green way to clean stainless steel

QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca



Use olive oil and vinegar to clean streaks and smears. ISTOCK IMAGES

What's a non-toxic cleaner for stainless-steel appliances like my fridge?
Eileen, Ottawa

Did you know Canadians spend more than $275 million a year on household cleaning products?

We buy these products to fight germs, streaks, stains and odours to keep our homes sparkling clean. But despite what the TV commercials tell us, we don't need a separate stainless steel cleaner, floor cleaner, tub and tile cleaner and counter cleaner. Save your money and simplify!

Choose the smallest number of eco-friendly, multi-purpose products that will help achieve your household cleaning goals. Speaking of simple, the best way to clean streaks, smears and smudges from stainless-steel appliances is to use food-grade cleaning ingredients — white vinegar and olive oil.

Step one: dampen a rag with plain olive oil. Then, wipe the surface of your stainless steel fridge. Step two: flip the same rag over and pour enough white vinegar to dampen. Now, wipe the stainless steel surface a second time — don't forget the fridge door handle.

Olive oil is great for lifting dirt. It also makes a great floor and furniture polish when you add a splash of lemon juice and a squirt of vinegar. And white vinegar will cut grease, deodorize and disinfect.

In the midst of a home-cleaning product detox? Take our survey at davidsuzuki.org/whatsinside and be entered to win fabulous prizes. We all win when we make eco-friendlier choices.

FOR MORE QUEEN OF GREEN VISIT DAVIDSUZUKI.ORG/GREENLIVING

Feeling confined to your office cubicle? Beware of work burnout

Down at your desk. Study finds workers who feel obligated to stay with their company more likely to experience stress.

Whether you feel a sense of obligation about your work or are staying on the job because you don't see an alternative, new research suggests the end result for employees could be the same: burnout.

According to Montreal researchers, the decision to stick with your company — whether by choice or because of slim pickings in the job market — can lead to emotional exhaustion, a chronic state of physical and mental depletion resulting from continuous stress and excessive job demands.

If you're feeling on the verge of a complete burnout, you may want to examine how attached you are to your current career. ISTOCK

The study was conducted by Concordia University, Universite de Montreal and HEC Montreal. The findings were published in the journal Human Relations.

Concordia assistant professor and study co-author Alexandra Panaccio and her colleagues surveyed 260 workers from various industries, including information technology, health services, engineering and architecture.

Among participants —aged 34 on average — 33 per cent held managerial positions, while 50 per cent worked in the public sector.

The study found that people who stay in their organizations because they feel an obligation toward their employer are more likely to experience burnout.

A similar effect can also be seen among workers who stay the course because they don't see alternatives for employment outside their current organizations.

Researchers also measured various types of organizational commitments, like whether employees identified with a company's goals and values and whether they felt an obligation to stay.

"It may be that, in the absence of an emotional bond with the organization, commitment based on obligation is experienced as a kind of indebtedness — a loss of autonomy that is emotionally draining over time," said Panaccio in a release.

THE CANADIAN PRESS

When feeling good feels bad

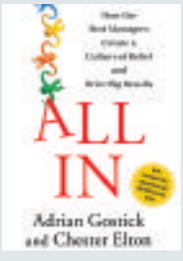
Researchers also observed that individuals with high self-esteem are most affected by a perceived lack of employment alternatives.

- The result is possibly because that perception is inconsistent with their self-view as important and competent people.

On the shelf

1501 Ways to Reward Employees

A revamped and overhauled version of his former book 1001 Ways to Reward Employees, Bob Nelson authors a hands-on, how-to guide on motivating and rewarding employees in the trickiest work environments.



All In: How the Best Managers Create a Culture of Belief and Drive Big Results

Based mostly on a 300,000-person study conducted during the recession, All In is an analysis of management choices that lead to creating a distinctive workplace culture. This 'culture' is determined by a company's mission, values and goals, which are outlined in detail by authors Adrian Gostick and Chester Elton.

DELIA MACPHERSON

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4 SPORTS

Quoted

"The bar has got to go up and we have to raise it. I was real patient this year, which was real good for me and I think it was good for the team.... I'll be less patient next year."

Winnipeg Jets head coach Claude Noel on Sunday after a season-ending 4-3 loss to the Tampa Bay Lightning in overtime on Saturday night. The Jets, who played as the Atlanta Thrashers last season, finished 22nd in the NHL at 37-35-10 and missed the playoffs — again. The franchise made only one playoff appearance in 12 seasons in Atlanta, bowing out in the first round in 2007 to the New York Rangers. Reborn as the Jets, the team played to packed houses at every home game at the MTS Centre, made more money for their owners than expected and certainly don't have to worry about fan support next season.

On the web

The Pittsburgh Penguins and Philadelphia Flyers kick off the NHL playoffs on Wednesday and the animosity between the long-time rivals has only increased over the past week. The war of words continued Sunday and Flyers forward Scott Hartnell says he expects a "bloodbath" when the first-round series gets underway. Scan the code for the story.

Canadian skip Glenn Howard celebrates with third Wayne Middaugh after winning the men's world curling title on Sunday. HANDOUT/MICHAEL BURNS/THE CANADIAN PRESS

Howard back on top of the world

Curling. Canadian skip wins fourth world title with extra-end triumph in Basel, Switzerland

Quoted

"He's got something. I can't really explain it, I'm just happy to be around for it."

Team Canada's Brent Laing on Glenn Howard's demeanour going into the winning throw

Canada's Glenn Howard began his day at St. Jakobshalle by bopping his head to the music that blared through the arena before the gold-medal game at the world men's curling championship.

He ended it by standing where he always does when he plays at this event — on the top step of the podium.

Howard appeared comfortable from the start of the 8-7 extra-end victory over Scotland's Tom Brewster on Sunday. It was the fourth career world men's title in four tries for the Ontario skip, who made the winning draw inside the four-foot.

"I was feeling really confident and really calm. That wasn't acting," Howard said. "You just try to stay in your own zone. You can't worry about outcome, you just worry about the shot at hand."

In the extra end, Canada lead Craig Savill hit two nice ticks and teammates Brent Laing and Wayne Middaugh came through with the necessary takeouts to set up Howard's winning throw.

"It's for the world championship and there's a lot on the line but Glenn makes it 99 times out of 100," Middaugh said. "That's why he's throwing the last puck and there's nobody better to have doing it."

It was Canada's 34th world championship since the first event was held in 1959. Howard's previous titles came in 1987, 1993 and 2007.

Brewster, who said he was "gutted" after the loss, settled for silver for the second straight year. He had a chance to win it in the 10th end but only scored one after his stone slid out.

Brewster lost to Manitoba's Jeff Stoughton in last year's final in Regina.

Official numbers weren't released but organizers estimated about 2,900 fans took in the gold-medal game.

THE CANADIAN PRESS

Hockey

Canada bounces back at worlds

Canada bounced back at the women's world hockey championship on Sunday 3-2 win over Finland in Vermont on Sunday.

Laura Fortino, Caroline Ouellette and Gillian Apps scored for Canada, while goaltender Shannon Szabados made 14 saves for the win.

Venla Hovi scored shorthanded and Saija Tarkki also scored for the Finns.

Canada is 1-1 in the tournament after opening with a 9-2 loss to the host U.S. THE CANADIAN PRESS

MLB

Jays miss season-opening sweep

Carlos Santana hit two home runs on his 26th birthday, Derek Lowe pitched seven strong innings and the Cleveland Indians (1-2) beat the Toronto Blue Jays 4-3 Sunday for their first win.

Lowe (1-0) got 15 outs on grounders and allowed two unearned runs in his Indians debut. Edwin Encarnacion had an RBI double and Brett Lawrie a sacrifice fly as Toronto (2-1) tied it at 2 in the fourth.

THE ASSOCIATED PRESS

NBA

Lin feeling good but still expects to miss Round 1

Knicks guard Jeremy Lin said Sunday he feels "pretty good" after knee surgery but doesn't think he could make it back for the first round of the playoffs.

"I think unless something goes really well, I wouldn't get there," Lin said before the Knicks played the Chicago Bulls.

THE ASSOCIATED PRESS

Bubba Watson celebrates his Masters win on the second playoff hole on Sunday in Augusta, Ga. ANDREW REDINGTON/GETTY IMAGES

Golf. Watson escapes with green jacket

Bubba Watson started the day by watching the rarest shot in golf. He ended another thrill-a-minute Sunday at Augusta National with a signature shot of his own to win the Masters.

So deep in the trees right of the 10th fairway that he couldn't even see the green, Watson hooked a wedge off the pine needles from 155 yards to about 10 feet from the hole. That set up a par, good enough to beat Louis Oosthuizen on the second playoff hole.

"If I've got a swing, I've got a shot," Watson said.

It was Oosthuizen who set the tone for this wild day with a double eagle — only the fourth in Masters history — on the par-5 second hole when his 4-iron from 253 yards landed on the front of the green and rolled some 90 feet into the hole for a two.

"Somehow it fell in my hands today," said Watson, who closed with a 68. "It's amazing. It's a blur, the last nine holes I don't remember anything. Somehow I guess I cried all my tears out."

He was blubbering hard on the 10th green, shoulders heaving, for so many reasons. Just two weeks ago, he and his wife adopted a baby boy, Caleb. The first person on the green was his mother — his father died right after the Ryder Cup in 2010.

"It's a blessing. To go home to my new son, it's going to be fun," Watson said in Butler cabin. THE ASSOCIATED PRESS

Quoted

"I never got this far in my dreams."

Bubba Watston on winning the Masters.

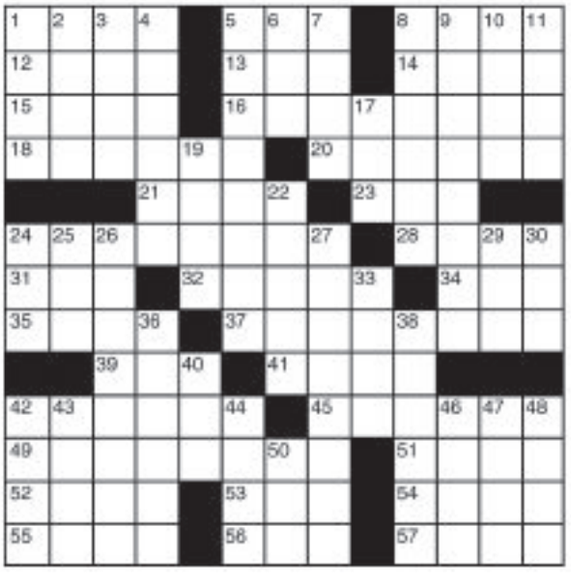
Crossword

Across

1 Mediocre
5 Sibling, for short
8 Low voice
12 Chew the fat
13 Young fellow
14 Engaged with
15 "— She Sweet?"
16 Pyrenees dweller
18 Tile art
20 Glosses
21 Stir-fry pans
23 More, to Manuel
24 Moderately slow melodies
28 Mail org.
31 "Gosh"
32 Musical transition
34 Japanese pond fish
35 "How clumsy of me"
37 Human-like robots
39 Greek vowel
41 Smell
42 U.S.A. neighbour
45 Morale
49 Male hormone
51 Tortoise's rival
52 Versifier
53 Snakelike swimmer
54 Eager
55 Remnants
56 Firmament
57 Capone foe

Down

1 Con game
2 Major U.S. river
3 Without (Fr.)
4 Capital of 42-Across
5 Dark brew
6 Scooted
7 Probability
8 Department
9 Social doings at a lodge
10 Musial or Laurel
11 Half the offspring
17 Resistance unit
19 Charged bits
22 Sheet-music symbol
24 Past
25 Ultra-modernist
26 Hinged (on)
27 Just like that
29 Legume holder
30 Kin of 5-Across
33 Cupid's alias
36 Opens
38 Warbucks' Annie, e.g.
40 Commotion
42 Part of a Dracula costume
43 In due course
44 Reacts to time
46 Great review
47 Rainbow
48 Kennedy and Danson
50 "A mouse!"



Sudoku

	2		6		4	9	8	
					9			6
1						4		5
	5		8			1	9	
				3				
	4	9			7		3	
5		2						9
3			4					
	7	4	3		2		6	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

2	4	6	9	7	5	1	8	3
3	8	7	6	1	2	9	4	5
5	1	9	8	3	4	7	6	2
8	7	2	4	9	3	6	1	8
6	3	1	7	5	8	4	2	9
4	9	5	1	2	6	3	7	8
9	2	4	3	8	1	8	5	7
7	6	8	5	4	9	2	3	1
1	5	3	2	8	7	6	9	4

Yesterday's Crossword

Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

QG CHD'OT BXZINQIS PHKT MHIQGTOHDP NOTTP, QN'P BHPPQAXT NLZN CHD KQSLN AT Z MTWZO PTTWTO.

Yesterday's Cryptoquip: SOME YOGURT GOT BANNED FROM THE HIGH-CLASS COUNTRY CLUB FOR NOT BEING CULTURED ENOUGH.

Today's Cryptoquip Clue: D equals U

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today 4°/-9° Sunny
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Know what the weather will be 14 days from now.
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Horoscope

Aries | March 21 - April 20. New faces and new places beckon this coming week, so get out and about and have a good time.

Taurus | April 21 - May 21. Your ideas may seem sensible to you but other people clearly have doubts and you will have to work hard to convince them.

Gemini | May 22 - June 20. Everything seems right with your world and what happens today will confirm your belief that the gods of luck are very much on your side.

Cancer | June 21 - July 22. If you feel uncomfortable with something you are doing it is most likely your conscience trying to warn you that you are on the wrong track.

Leo | July 23 - Aug. 22. There is no point arguing with people whose beliefs and opinions are so very different to your own.

Virgo | Aug. 23 - Sept. 22. Someone you meet today will make such an impression on you that you actually want to be like them.

Libra | Sept. 23 - Oct. 22. Don't attach too much importance to what you see or hear around you this coming week.

Scorpio | Oct. 23 - Nov. 21. Your challenge this week is to keep your more negative emotions under lock and key, even when certain people are clearly trying to provoke you into doing something intemperate.

Sagittarius | Nov. 22 - Dec. 21. According to the planets you will accomplish more over the next few days if you take a relaxed view of other people's transgressions.

Capricorn | Dec. 22 - Jan 20. No matter how many things have gone wrong in your life it will all start going right again when Mars turns direct on the 14th. Between now and then just try to relax. You've been far too intense of late.

Aquarius | Jan. 21 - Feb 18. Look on the bright side today even if your world seems to be coming apart at the seams.

Pisces | Feb. 19 - March 20. What you need to realize now is that you can have only a limited effect on your environment. Once you "get" that fact you won't feel so tempted to interfere in other people's lives — which only makes matters worse.

SALLY BROMPTON

ANDREW BROWNBILL/THE ASSOCIATED PRESS

Caption Contest

"So, does Bob know where we're heading?"
Eric B

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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ON A BEACH?"
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